



## **MCFSC Jr. Synchro Team- Non-Competitive Team**

**Sunday Evenings 7:00-7:30 pm (October 3- March 20\*) Cost is \$150**

\*Jr. Synchro schedule will change on February 13th - Ice Show to 7:30-7:50 pm

### **Who can Join Jr. Synchro?**

\* Skaters that are Basic 5 and higher may join

### **Why join Jr. Synchro?**

\*Have Fun and skate with friends

\*Earn Synchro Badges when levels are passed

\*Great way to work and advance skating skills

\*Work as a team

\*Perform in MCFSC Exhibition December 12th at 5:30 pm

\*Perform in all 4 Ice Shows March 19th 1:00 pm & 4:00 pm and  
March 20th 1:00 pm and 4:00 pm

### **What is the cost and requirements?**

\*Cost is \$150 which includes ice time and instruction(October 3- March 20)

\*In Basic 5 or higher

\*No MCFSC Club Membership or volunteer hours required

### **Helpful Information**

- Any skater that is sick should not come to practice
- Practice times will change on February 13th - Ice Show to 7:30-7:50 pm
- COVID guidelines will be emailed to skaters prior to the start of the skating season, must be signed and turned in by October 3rd.
- Must wear tight fitting gloves -no mittens.(magic gloves- Walmart cheap ones)
- Must wear tight fitting clothes so no clothes are pulled on during practice
- Jr. Synchro skaters need to be on time
- Black Leggings, black long sleeve t-shirt (long enough to stay tucked in to the leggings) and a MCFSC Club jacket will be required for performances this year at the skaters own expense.
- No over the boot tights, jewelry, bobby pins, safety pins or nail polish
- Jr. Synchro may be put on payment plan until October 31st.
- Any questions call Chris 973-6756





## MCFSC Synchro Teams Schedule

### Sunday Evenings

7:00-7:30 pm Jr. Synchro

7:30-8:00 pm Competitive Synchro-Melissa

8:00-8:30 pm Competitive Synchro -Bryanna

October 3, 10, 17, 24 & 31

November 7, 14, 21 & 28

December 5

December 12-Exhibition (arrive at 4:30 pm-Melissa's Team & Bryanna's Team)

(arrive at 5:00 pm- Jr. Synchro)

December 19 & 26

January 2, 9, 16, 23 & No practice 1/30

February 6

\*Practice Time changes February 13- Ice Show

7:30-7:50 pm Jr. Synchro

7:50-8:10 pm Competitive Synchro-Melissa

8:10-8:30 pm Competitive Synchro -Bryanna

February 13, 20 & No practice 2/27

March 6 & 13